



MOEHRLE CLINIC
Apex Health Centers, LLC.

Informed Consent

Dear Patient:

Every type of health care is associated with risk of potential problems. This includes chiropractic health care. We want you to be informed about potential problems associated with chiropractic health care before consenting to treatment.

Chiropractic adjustments are the moving of bones with the doctor's hands or with the use of machines. Frequently adjustments create a "pop" or "click" sound/sensation in the area being treated.

In this office we use trained personnel to assist the doctor with portions of your treatment; such as massage therapy.

Disk Herniations: Disc herniations that create pressure on the spinal nerve or spinal cord are frequently successfully treated by chiropractors. This includes both neck and back. Occasionally chiropractic treatment will aggravate the problem and very rarely surgery will be necessary. Disc problems due to weakened conditions of the disc associated with spinal manipulation are very rare.

Soft tissue injury: Soft tissue primarily refers to muscles, tendons and ligaments. Muscles, tendons and ligaments limit joint movement. It is rare that a spinal manipulation with tear soft tissue fibers. Deep tissue massage may at times cause bruising/swelling due to pressure applied to reach the deeper muscle layer. There are no long term effects for the patient.

Stroke: Chiropractic adjustments are rarely associated with vertebral artery strokes; this is because the vertebral artery is found inside the neck vertebrae. We do not do the type of adjustment on our patients that cause stroke. A recent study estimates the likelihood of this type of stroke is 1 in 3,000,000.

Fractures: Rarely an adjustment will fracture a bone. The possibility that this may occur is increased in patients with loss of bone density. We adjust all patients very carefully and pay special attention to those with any type of bone density loss; e.g.: osteoporosis.

Physical Therapy Burns: Some of the machines we use generate heat. We use both hot and cold therapy in office as well as recommend them for home care on occasion. Everyone has a different sensitivity to these modalities, so burns may occur very rarely.

Soreness: It is common for adjustments, massage therapy or exercise to cause soreness in the area being treated. It is a temporary symptom and is not dangerous. Please inform the doctor if you display any soreness in the treatment area.

Other Problems: There may be other problems or complications that might arise from chiropractic treatment other than those noted here. These other problems or complication occur so rarely that it is not possible to anticipate and/or explain them in advance of treatment.

Chiropractic is a system of health care delivery and therefore; as with any health care delivery; we cannot guarantee a cure of any symptom or condition as a result of treatment at this clinic. We pride ourselves in giving the best care to our patients and if results are not acceptable, we will refer you to another provider who we feel will assist your situation.

If you have any questions on the information listed here, please ask your doctor. Please sign below to accept this information.

Patient's Name Printed

Patient's Signature

Date

Parent or Guardian Signature for Minor

Ashton Anwar
Chiropractic Physician